

DAY 1 PROGRAM SCHEDULE DECEMBER

Blasters Program			Super Sixes Program		
Block	Time	Activities	Block	Time	Activities
Block 1	9am – 10am	Station Based Games	Block 1	9am – 10am	Fielding Warm Up Games
Break	10am -10:30am	Munch and Crunch + Free Play	Break	10am -10:30am	Munch and Crunch + Free Play
Block 2	10:30am – 11:30am	Striking Games	Block 2	10:30am – 11:30am	Batting Skill Development
	11:30am-12pm	Coach Guided Free play		11:30am-12pm	Coach Guided Free play
Break	12pm -1pm	Sausage Sizzle Lunch	Break	12pm -1pm	Sausage Sizzle Lunch
Block 3	1pm – 2pm	Throwing and Bowling Group Games	Block 3	1pm – 2pm	Bowling Skill Development
	2pm – 3pm	Small Sided Cricket Games		2pm – 3pm	Small Sided Cricket Games